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MOUNT PLEASANT

Strollin’ With Stroman

By Dean Stroman

The best pattern for big bass now is in the grass beds, isolated small grass pockets, and isolated points with patch grass around the tip of points. Concentrate on fishing grass breaklines and grass points extending out to deeper water as well as deep cuts or deep pockets that are inside the grass beds. Bass will be setting up their core area in those locations. A lot of folks have a hard time finding the grass patch on Fork. All

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I can tell you is that you are looking up the wrong creeks.

Some of the best lures I have found for catching big ‘uns are the jig/craw and large worms, the 12 to 14-inch variety. The jig/pig should be at least ½ ounce. If worm fishing, use heavy worm weights. Peg the weight with a toothpick to keep it from sliding up your line when fishing thick grass.

The heavier weights, ¼ - to 1-ounce, are punching through the grass to get your worm near the bottom. Use heavier weights to fish the deeper pockets inside the grass beds as well. Light-

(See Strollin...... Continued on Next Page)
Strollin’ With Stroman

er weights should be used to fish the grass points and outside breakline areas. Weightless twelve to fourteen inch worms swimming on top grass beds early morning can be awesome.

The grass bed you should never pass up during fall is the one with a creek running through it. Position your boat in the center of the creek and pitch or flip your jig/craw or big worm to the edges. Key in on all the creek bends and grass points that come close to the creek channel. One key factor to remember when fishing grass beds is to keep boat noise to a minimum. Big bass spook easily and you have to get close to successfully fish for them.

If you are planning a trip to Fork, give me a call at 903-383-7214 (landline) or 903-850-5083 (cell) or email me at dstroman@peoplessom.net. I’ll be happy to help you out with some pointers. If you are wanting a guided trip, I still have openings for fall and winter trips. Good Luck and Good Fishing!

Dean is sponsored by Gene Larew, Legend Boats, Mercury Marine, Mossy Oak, Century 21 Lake Country, Easy Step Systems, Custom Angle Moby Rods and Brass n’ Blades Lures.

If you would like “THE FISHERMAN’S GUIDE, NEWS YOU CAN USE” DELIVERED TO YOU, a friend, or relative’s home for 1 year (12 Issues) For Only $30, Send check or Money Order Name & Address to: THE FISHERMAN’S GUIDE, NEWS YOU CAN USE, 538 PR 5861 Yantis, TX., 75497

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Help Us Spread The Word!

"Because every child deserves a chance to fish!"

"Every child deserves a chance to fish!" Children diagnosed or who have experienced a life-threatening illness or accident sometimes do not have that opportunity. Now through the "Wish to Fish Foundation" they can have that day in the sun with their family. Any family with a child between the ages 3 to 18 years of age that has been diagnosed or treated for a life-threatening illness or accident is invited to come fish Lake Fork for any species of fish at NO COST! Lodging, meals, and fishing are provided for. This allows the family to spend quality time together fishing without worries or expenses. The outing includes one night lodging, meals, refreshments, snacks, all on a 26’ Tritoon Pontoon, (accompanied with a 9-1-1 chase boat for any emergency that may occur. All bait and fishing equipment provided. If you are, or know of a family that meets the above criteria, contact us! Help us spread the word, we are here for the children!

For Scheduling or More Info Contact: Don Hampton, Founder & Program Director
visit our website: www.wishtofishfoundation.com
Game Warden Field Notes

The following items are compiled from recent Texas Parks and Wildlife Department law enforcement reports.

--Fishing For Trouble-- Two Zapata County game wardens and a Jim Hogg County game warden patrolling Falcon Lake stopped a vessel for a water safety check. During the inspection, the game wardens discovered a largemouth bass in an ice chest with its head removed. When the wardens asked the fishermen what they did with the head, they replied, “We were using it as garlic bait.” A citation and a warning were issued. Cases pending.

--Caught Red-Handed-- A Starr County game warden and a state trooper made a traffic stop and noticed the passenger had fresh blood on his hands. The man said they had just cleaned a deer, but the driver said it was a lamb. One thing they agreed on was that they were going to buy ice and put the meat in a cooler. After the stop, the trooper and warden followed the vehicle back to the residence of one of the men and saw the men packing meat in an ice chest. After a few questions, the two admitted to having just cleaned a whitetail deer. Criminal charges were filed.

--Pointing Fingers-- A Travis County game warden was observing Lake Austin bank fishermen on the opposite shore, when two men walked by his patrol vehicle carrying three large black bass and fishing poles. When the warden approached the men, they said they did not have a fishing license. When asked who the fish belonged to, they denied ownership. When asked whose fish they were, they pointed at each other and then pointed to a friend who was sleeping in the pickup truck. Citations were issued to the men in possession of the bass.

(See Game Warden... Continued on Page 9-B)
Getting Your Kids To Eat Right This School Year

“Cilantro Pork With Sweet Potato Rice” is a healthy meal for the entire family to enjoy!

For More Information Call: 903-383-7748 or Email: fishnews@lakefork.net

May 15, 16, 17, 2015

8 Places Paid Per Hour • 2015 Legend Bass Boat for Heaviest Over the Slot and 1 for the 2nd Heaviest Over the Slot, 1 for the Heaviest Under the Slot, 1 for Draw boat, & 2015 211 Alpha Fully Outfitted for the 1st 11-pound even bass brought to the scales.

Bring a friend that hasn’t fished in the tournament, receive a free TFO ROD

For More Information Call: 903-383-7748 or Email: fishnews@lakefork.net

Parents aren't the only ones trying to make sure their kids eat better this school year. Depending on where you live, you can expect to see schools take steps like teaming with local farmers to put more fresh fruits and vegetables on lunchroom menus.

The sense of urgency can be traced to warnings from medical experts: Today's youths may be the first to have shorter life spans than their parents as a result of being overweight or obese.

One concrete measure that parents are taking is checking nutrition labels for no-nos. High on their radar screens: fats, especially trans fats.

Remember, though, there are two kinds of fats the body can't make itself and yet are essential for a balanced diet: omega-6 linoleic acid (omega-6 LA) and omega-3 alpha-linoleic acid (omega ALA) polyunsaturated fatty acids.

Since those fats are found in every tub of Country Crock - which also in the past eliminated trans fats - here's a recipe for a pork dish kids should love that uses the soft spread in instead of butter.

Cilantro Pork With Sweet Potato Rice

4 bone-in pork chops, 1-inch thick (about 2 lbs.)
4 Tbsp. Shedd's Spread Country Crock
1 clove garlic, finely chopped
1 large onion, thinly sliced
1 large sweet potato or yam, peeled and cubed
3-1/2 cups water
1-1/2 cups uncooked long-grain rice
3 Tbsp. Knorr Chicken Flavor Bouillon, divided
1 can (15.5 oz.) black beans, drained
2 Tbsp. chopped fresh cilantro


Melt remaining 2 Tbsp. Country Crock. Spread in same skillet over medium-high heat and cook onion and garlic with sweet potato, stirring occasionally, 8 minutes or until starting to brown. Stir in water, rice and remaining bouillon. Bring to a boil over high heat. Reduce heat to low and simmer covered 15 minutes.

Stir in beans and cilantro, then top with chops. Cover and cook an additional 10 minutes or until chops are done and rice is tender.

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11th Annual Legend of Lake Fork

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MUST SELL!! LAKE FORK!! Owner Financed. Call 903-878-7265
Getting Your Kids To Eat Right This School Year

By Sue Hampton

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Game Warden Field Notes (Continued from Page 4-B)

--Pest Control-- A Henderson County game warden was given information about a deer that had been shot. The warden drove to the suspect’s location and questioned him about the deer. After speaking to the man for a while, he admitted to shooting a doe and hauling it off because it was in his garden. The warden briefed him on the laws of shooting deer and alternative ways to keep deer out of his garden. Cases are pending for shooting a doe during closed season and waste of game.

--"Just Wanted To Be The Cool Mom"-- While patrolling a Lake Bryan recreation area, a Brazos County game warden and Grimes County game warden noticed a group of five young people drinking alcohol in the early evening. As the wardens approached them, members of the group tried to hide the bottles of alcohol. All five were under age and admitted to drinking alcohol, which had been provided by one of their mothers. The mother was contacted and 40 minutes later arrived on scene. She admitted to buying the alcohol and said that she “just wanted to be the cool mom.” She was arrested for providing alcohol to a minor, a Class A misdemeanor.

--Special Delivery-- Three Galveston County game wardens were responding to a nuisance alligator call on High Island and were on their way to the ferry when they noticed a driver who appeared to be in distress. The wardens found that the driver was in labor and on her way to a hospital in Galveston to deliver a baby girl. With one warden driving her car, escorted her to the ferry and took her to the hospital where she was taken straight into the delivery room. Mom and daughter were doing fine at last report.

Texas Trails Bassmasters of Lake Fork
30th Semi-Annual Open Tournament
Oct. 25, 2014 * Lake Fork, Texas

Oak Ridge Marina * 2919 W. St. Hwy. 154

Guaranteed Pay-Out Based on 100 Entries 903-878-2529
Drawings will be held after weigh-in for door prizes
1st Place $1,040.00
2nd Place $780.00
3rd Place $520.00
4th Place $260.00
5th thru 10th Place $100.00

1. Entry fee is $40.00 - late entry is $45.00.
2. Early entries must be postmarked by Oct. 15, 2014.
3. All entry fees must be paid before 6 a.m. Saturday, Oct. 25, 2014.
4. Check in time: Friday, Oct. 24, 4 p.m. to 9 p.m. and Saturday, Oct. 25, 5 a.m. to 6 a.m. at Oakridge Marina.
5. To qualify, contestants must check in at tournament headquarters before fishing.
6. Fishing hours will be 6:00 a.m. to 3:30 p.m. (official clock at sign-in station). NO FISHING from midnight till start time.
7. Fishing will be done on Lake Fork only (trailer allowed).
8. Contestants must fish from a boat. No bank fishing or leaving the boat to land a fish.
9. Life jackets must be worn any time their outboard motor is running.
10. All state, federal, and local laws must be obeyed or contestant and fish may be disqualified. No slot fish may be brought to weigh-in.
11. No one may have more than five (5) fish in their possession at any time. Only one (1) may be 24" or greater.
12. Largemouth bass 12" to 16" or 24" or greater in length may be weighed. No fish under 12" or between 16" and 24" will be weighed. (State law limits at the time of the tournament.).
13. All fish must be caught on artificial bait by casting. (No trolling with gas engine). Pork trailer may be used.
14. Weigh-ins start at 3:00 p.m. (official clock at sign-in). You must be in the weigh-in line by 3:30 p.m.
15. All fish must be brought to the scales in weigh-in bags.
16. No ice or frozen fish will be weighed. Ice may be added ONLY to aid in survival of fish.
17. Each contestant will be responsible for weighing his or her own fish. (No pooling of fish).
18. Dead fish at weigh-in will be penalized 1/2 (.5) pound. All fish weighed in the property of Texas Trails Bassmasters and will be released (with the exception of trophy or dead fish).
19. In the event of a tie for any position, prize money for that position and the following position will be combined and evenly divided between the tying contestants.
20. Contestants may fish with a guide on Lake Fork only during the day preceding this TTG tournament.
21. Use of ALCOHOLIC BEVERAGES or CON- TROLLED DRUGS are prohibited during tournament hours. Prescription drug use should be declared at sign-in.
22. Anyone who has ever been disqualified for cheating or misconduct from any tournament is ineligible to fish.
23. Any contestant who violates any rule may be disqualified. Any act of a competitor, verbal or physical, that reflects unfavorably upon Texas Trails Bassmasters effort to promote fishing, conservation, clean waters, courtesy or safety shall be reason for disqualification from this and all future Texas Trails Bassmasters tournaments.
24. Parent or guardian must accompany contestants under 18 years of age.
25. All contestants must be registered in writing with the tournament judges within 15 minutes after designated weigh-in time.
26. Contestants are responsible for all rules and must agree to abide by them (by signing the entry form).
27. All boats must be 8 feet in length and more. An aerated live well is recommended to aid in fish survival for live release. Anglers cannot leave boat to land a fish.
28. All contestants are responsible to have read these rules and must agree to abide by them (by signing the entry form) while competing in this Texas Trails Bassmasters event.
29. Contestants will be subject to polygraph test. Failure to take and pass such a test will result in disqualification.

Additional Information

For more information or for information on joining Texas Trails Bassmasters of Lake Fork visit our website www.texastrailsbassmasters.com

Remove entry form below this line. Retain above portion for your records

Entry Application

Entry fee of $40 must accompany mailed entry and must be postmarked on or before Oct. 15, 2014 to Texas Trails Bassmasters, 538 PR 5861, Yantis, TX 75497, or you may pay $45 at tournament headquarters before starting time of tournament. $10 extra for Big Bass (optional). Print clearly.

Name________________________________________
Email________________________________________
Address________________________________________
City____ State____ Zip____

Entry #______________________________
EntryFee______________________________
Big Bass______________________________
Cash____ Ck#__________________________
## September

**September**

**Lake Fork Tournament Schedule Sept. thru Nov. 2014**

**Sept. 6 ~ Mad Dog Moore**  
Oak Ridge Marina  
**Sept. 13 ~ Ranger Open Tournament**  
Oak Ridge Marina  
**Sept. 19, 20, 21 ~ Sealy Outdoors**  
Big Bass Splash  
Lake Fork Marina  

## October

**October**

**Oct. 4 ~ Rat L Trap Tournament**  
Minnow Bucket Marina  
**Oct. 11 & 12 ~ Irving Bass Club Open**  
Lake Fork Marina  
**Oct. 11 & 12 ~ Crappie Bucks Champ.**  
Minnow Bucket  
**Oct. 18 & 19 ~ Berkley Tournament**  
Lake Fork Marina  
**Oct. 25 ~ JC Outdoors Fall Teams**  
Minnow Bucket  
**Oct. 25 ~ Texas Trails Bassmasters Open**  
Oakridge Marina  

## November

**November**

**Nov. 22 ~ JC Outdoors Fall Teams**  
Minnow Bucket  
If you or your bass club have a tournament coming to Lake Fork  
Contact me with the date at fishnews@lakefork.net to get it on the schedule.
"Wish To Fish Foundation"

903-383-7748

Needs Your Help!!!

If you know a family that has a child that meets our criteria, just have them call us.

We'll take over from there!

"Every child deserves a chance to fish!" Children diagnosed or who have experienced a life-threatening illness or accident sometimes do not have that opportunity. Now through the "Wish to Fish Foundation" they can have that day in the sun with their family. Any family with a child between the ages 3 to 18 years of age that has been diagnosed or treated for a life-threatening illness or accident is invited to come fish Lake Fork for any species of fish at NO COST! Lodging, meals, and fishing are provided for. This allows the family to spend quality time together fishing without worries or expenses. The outing includes one night lodging, meals, refreshments, snacks, all on a 26’ Tritoon Pontoon, (accompanied with a 9-1-1 chase boat for any emergency that may occur. All bait and fishing equipment provided. If you are, or know of a family that meets the above criteria, contact us! Help us spread the word, we are here for the children!

For Scheduling or More Info Contact: Don Hampton, Founder & Program Director

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All contestants to use Berkley Baits exclusively

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- 2.50 lbs - $1000
- 3.00 lbs - $1000
- 8.00 lbs - $1000
- 9.00 lbs - $1000

> JUNIOR DIVISION - WOMEN’S DIVISION
> BERKLEY EMPTY BAG GIVE-AWAY
(bring an empty package from any Berkley bait to enter)

When: October 18th-19th, 2014
Entry Fee: $120 One day
$170 Both days
Registration: Lake Fork Marina
Registration Times:
Friday Oct. 17th From 12 to 8 PM
Oct. 18th & 19th from 4:30-7:00 AM

For additional info and rules www.basschamps.com or call 817-439-3274

Winners are responsible for taxes, titles, and license fees. Boats pictured may be different than actual prize boats. Exact weight bonus cash is paid to the first angler to weigh in the exact even weight fish only. Fish must be caught using a ABU GARCIA REEL or ROD.