# "The Fisherman's Guide, News You Can Use" B Section August, 2014 Page 1-B

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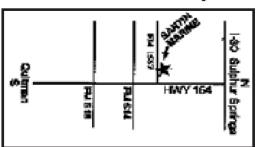
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### Strollin' With Stroman



By Dean Stroman

Top water bite in August? You bet! During the hottest part of the day the hotter it is, the better the bite. Windless days usually will be the best top water bite days. Around midday to early afternoon Fork's shad population will start milling around looking for better comfort zone and bass will not be far behind. On some days you can observe the activity on top. On other days you see an occasional splash. When a lot of activity on top happens, a Zara Spook or pop bait can put some fish in the boat in a hurry. Most will be

in the one to three pound range. On good days you can tag some heavy slots in the four to six pound range. If the top water action slows, a weighted hook with Albino Superfluke is hard to beat.

Fish deepwater humps and ridges twenty to twenty-five feet deep that fall off into deeper, forty to fifty foot range. This is when possessing a good locator and knowing how to interpret what it is telling you is a big advantage. The key is to find baitfish on these humps and ridges.

Overcast and windy days fish the windiest point you can find. Wind pushing plankton and other micro-organisms over these points draw baitfish from around the

(See Strollin.....

Continued on Next Page)

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**3**-B

#### Strollin' With Stroman

area to feed. Every bass in the vicinity will be feeding on these points during the day.

Do not overlook Fork's nighttime action. Big worms, jigs, craws, big spinners and a couple of buzzbaits are all you need to catch Fork's night bass. Main lake points or well lighted marina areas and lighted boathouses are top locations. Familiarize yourself with the area you are going to fish before it gets dark and don't forget the bug spray and bring a big net. If you are after that dream bass, nighttime in August on Fork is the best there is anywhere.

I am booking now for night trips and some full day trips so call me soonest to get the date you want. Call now to book

fall and springtime trips. Remember that a good night trip begins with good planning and preparation. If you are uneasy about venturing out on a night trip for the first time, you can book a trip with me and I will help you navigate your way around and show you some really good night spots. If I can help make your fishing trip to Lake Fork a good one, give me a call. I'll be happy to help. Land line: 903-383-7214, Cell: 903-850-5083 and email: dstroman@peoplescom.

Dean is sponsored by Gene Larew, Legend Boats, Mercury Marine, Mossy Oak, Century 21 Lake Country, Easy Step Systems, Custom Angle Moby Rods and Brass n' Blades Lures.

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# Needs Your Help!!!

If you know a family that has a child that meets our criteria, just have them call us. We'll take over from there!



"Every child deserves a chance to fish!" Children diagnosed or who have experienced a life-threatening illness or accident sometimes do not have that opportunity. Now through the "Wish to Fish Foundation" they can have that day in the sun with their family. Any family with a child between the ages 3 to 18 years of age that has been diagnosed or treated for a life-threatening illness or accident is invited to come fish Lake Fork for any species of fish at NO COST! Lodging, meals, and fishing are provided for. This allows the family to spend quality time together fishing without worries or expenses. The outing includes one night lodging, meals, refreshments, snacks, all on a 26' Tritoon Pontoon, (accompanied with a 9-1-1 chase boat for any emergency that may occur. All bait and fishing equipment provided. If you are, or know of a family that meets the above criteria, contact us! Help us spread the word, we are here for the children!

For Scheduling or More Info Contact: Don Hampton, Founder & Program Director visit our website: www.wishtofishfoundation.com

#### Game Warden Field Notes\_

compiled from recent Texas Parks and Wildlife Department law enforcement reports.

--Smoke Signals-- A game warden patrolling the Lakeside subdivision noticed a car parked at the end of a street. When he approached the vehicle, he saw the passenger smoking something. The driver sped off and turned onto another street without using his blinker. A traffic stop was made and as the warden approached the vehicle, a strong odor of marijuana could be smelled. During the vehicle search, the warden found a backpack with a scale, zip lock bags, individually wrapped bags of marijuana and two larger bags of unprocessed marijua-

The following items are na. The individual was placed under arrest and taken to the Webb County jail.

--"Owls" Well That Ends Well-- Two Starr County game wardens attending career day at a local high school got a chance to make one student wiser, at least when it comes to game laws. While speaking to a student, the wardens learned that he had an owl in captivity. After a few more questions, the wardens were able to locate where the owl was being kept. The owl was recovered and released.

--Blood-shot Eyes Were a Clue-- Two game wardens were patrolling Lake Brownwood with a Brownwood Lake patrol officer when they stopped a pontoon boat for a routine water safety check. The operator had blood-shot eyes and slurred speech. One of the wardens took the driver ashore for further testing, including field sobriety tests, and arrested him for boating while intoxicated. The man consented to a blood draw and was transported to the Brown County

--Safety First-- A Shackelford County game warden and a Stephens County game warden received a call about three teenage boys missing at Hubbard Creek Lake. The boys had left before dark in a canoe and had not returned. The wardens found the boys stranded on an island in

(See Game Warden.... Continued on Page 9-B)



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Randy Oldfield - Lake Fork Guide

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## Discover the Subtle Secrets of Stir-Fry.

By Sue Hampton

Although the terms are often used interchangeably, stir-frying and sautéing are two very different cooking methods. Both techniques are designed to maximize flavor while minimizing cooking time. However, the key to stir-fry lies in keep- few more stir-fry ing the food moving continuously in the pan by lifting, tossing and yes, stirring



Don't let its simplicity fool you. Made with cubes of tender steak, portobella and oyster mushrooms, there's plenty of flavor going on in this Taiwanese "Stir-fried Beef and Mushrooms."

piece is evenly ex- begin. posed to the heat \* Uniform sizes - That's why they flavor.

Practice secrets. your way to stirfry perfection with plicity fool you flavor here.

to ensure that each at hand before you vegetables.

Following are a bles into uniform

\* Heat first, oil Mushrooms second - First, 6 ounces beef flank Remove beef from heat your empty this easy stir-fried skillet or wok over beef & mushrooms. high heat for 1 to 2 Don't let its sim- minutes. Once you 3 can feel the heat mushrooms made with cubes of by lowering your 2 tablespoons veg- cover and cook untender flank steak, hand slightly over etable oil portobella and oys- the surface, you're \( \frac{1}{4} \) cup chicken stock tender 2 to 3 minmushrooms, ready to add the oil. there's plenty of \* Work in order bell pepper

going on - Not all ingredients require the \*Prepare ahead - same amount of Remember, stir-fry time to cook. Usuis one of the fastest ally, aromatic seacooking methods. sonings like garlic hou paste Make sure you have and ginger go first, 1. Cut flank steak heated through. everything cut up, followed by meats into 3/4-inch cubes. 4. Transfer to a measured and close or fish, and lastly, Remove stems from platter and serve.

without scorching - To ensure even call it stir-fry. Keep and to seal in the cooking, cut all everything moving meats and vegeta- in the pan or it will Add oil, swirling burn quickly.

steak

1 portobella mush- 3. Return wok to room

large oyster kinds

½ cup diced red utes. Add bell pep-

1/4 cup diced green shoots; cook, stirbell pepper

boo shoots

mushrooms and cut \* Keep it moving the caps into 1-inch pieces.

2. Place a wok over high heat until hot. to coat sides. Add Stir-Fried Beef & beef and stir-fry for 1 to 2 minutes. wok.

high heat. Add both of mushrooms and stock; til mushrooms are pers and bamboo ring for 30 sec-½ cup sliced bam- onds. Return beef to the wok and 1 tablespoon chu add chu hou paste; toss and cook until



#### Game Warden Field Notes (Continued from Page 4-B)

the middle of the lake. They said the wind was too strong for them to paddle back across. They were returned to their parents at the boat ramp. --With a Little Help From My Friends-- A Tarrant County game warden was checking bank fish-ermen at Benbrook Lake, when she noticed a man walking carrying an ice chest full of fish quickly to his truck. After contacting the subject, the warden found two ice chests full of white bass. The man said he was told by his friend that the limit was 75 white bass per day. The man insisted that he was under his limit. A total of 56 white bass were in the man's possession. The warden seized 31 white bass, issued citations, and gave the man a copy of the Outdoor Annual. Cases pending.

-In the Heat of the Night- A Shelby Coun-

ty game warden patrolling Toledo Bend boat ramps and camping areas checking night fishermen, noticed a campfire along the shoreline near a boat ramp. As he approached the fire, he heard cast nets hitting the water. After watching the two subjects fish for a while, he made contact. The warden found an ice chest containing bass, crappie, and catfish. Multiple citations were issued for undersized largemouth bass, and fishing using illegal means and methods. Cases and restitution pending.

-Wild Blue Yonder-Four Tarrant County game wardens and a K9 warden assisted local agencies by patrolling the perimeters of the Naval Air Station Joint Reserve Base in Fort Worth during the Air Power Expo that featured the Blue An-

gels. In addition to patrolling for water safety, the wardens made sure boaters maintained a safe distance from the airfield and end of the runway.

-Fifteen and Seven Equals Ticket and Jail-- A Montgomery County game warden performed a water safety check on a 15-foot boat with seven adult passengers on Lake Conroe. The boat was found to only have three lifejackets, displayed invalid registration, and had no fire extinguisher.

Following field sobriety tests, the driver was also arrested for boating while intoxicated. Charges are pending.

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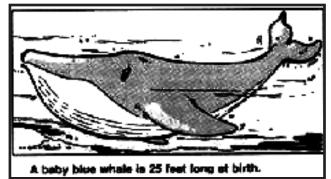
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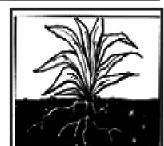
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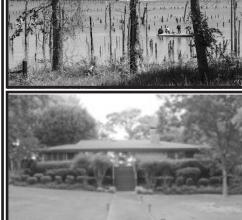
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For Scheduling or More Info Contact: Don Hampton, Founder & Program Director visit our website: www.wishtofishfoundation.com

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