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Strollin’ With Stroman

By Dean Stroman

June brings in big worm time. Texas or Carolina-rigged on five foot leader is hard to beat for Fork’s big bass. Deep water structure, humps, ridges, road beds and long extending main lake points in twenty to thirty foot water depth will produce. Look for schools of shad. When you find schools of baitfish on this type of structure, bass, white and blacks, will gang up to gorge themselves on shad. Fork’s big bass will eat white bass and shad when the bite is on.

The problem most days is keeping white bass off the hook. During summer months whites will feed on just about anything you throw out and make it difficult to catch black bass in deep water. Big worms are the ticket in ten to twelve inch sizes. Blue flecks and red shad are top producing colors. Drop shot, wacky worms and small Texas-rigged worms will get you bit more often and you do catch a few big bass, but if you want to consistently catch big daytime summer bass, big worms is the way to go.

A heavy rod on twenty pound test is minimum for monofilament and fluorocarbon line. A thirty to sixty-five pound braided line with a fluorocarbon lead is the way to go if you are after that dream bass. On clear, windless days stay away

(See Strollin’...Continued on Next Page)
**Strollin’ With Stroman**

from braided line because of the amount of noise braided produces when dragging big worms through ledges and brush piles. On calm days fluorocarbon and monofilament lines are the way to go. Fluorocarbon is the way to go if you are a consistent line checker. Be sure to replace it after every trip. If you are like me and cannot afford to change fishing line every trip and consistently retie and regularly check for kinks, monofilament is the way to go. It is less expensive and will last longer than fluorocarbon line and it works excellent on deep water worm fishing. Sometimes a little stretch in your line is an advantage versus braided line.

Sorry, all my day trips are filled during June, July and August. I do have some night trips still available but they are booking fast so call now for the best night trip dates. Call me at 903-850-5083 cell or 903-383-7214 land line, email dstroman@peoplescom.net. If you are planning a trip to Lake Fork, give me a call, I’ll be happy to help make it a successful one.

Dean is sponsored by Gene Larew, Legend Boats, Mercury Marine, Century 21 Lake Country, Mossy Oak, and Easy Step Systems.
Game Warden Field Notes

The following items are compiled from recent Texas Parks and Wildlife Department law enforcement reports.

--Tattletale-- A Smith County game warden was contacted by a local landowner on the Neches River about a driver in a truck with noisy pipes shooting a rifle and shining a light across his pasture. Shortly after the warden began to observe the area, the truck returned and after a brief chase, the subjects were stopped. After the warden questioned the passenger, the driver admitted to shooting at some wild hogs. The warden called the landowner and asked him to check his property for freshly killed wildlife. While the warden drove back to where the hogs were shot, the passenger confessed to all of the events that night including a buck he shot. When they arrived, the driver, who held the brand new spotlight, said they “may have shot a hog.” Then, after seeing the buck next to the landowner’s vehicle, the driver hung his head and said “Sir, can I tell you something...We shot that deer.” The subjects were arrested on eight charges ranging from littering to hunting without the consent of a landowner.

--Gus’s Nose Knows-- A Brazos County game warden received a call from Bryan Police Department requesting that Gus the patrol service dog sniff a vehicle. When the game warden and Gus arrived at the location, they went straight to work searching the outside of the vehicle. Gus indicated two separate times on the driver’s side rear door handle. A police officer searched the vehicle and found a bag of marijuana in the rear door pocket. Charges pending for possession of marijuana.

--Fish are Friends, not Bait-- Two game wardens were patrolling the Navidad River checking for recreational fishing and water safety violations during a local catfish tournament when they found a trotline holding several blue catfish. They watched the trotline from a distance and later that afternoon, three fishermen returned

(See Game Warden..... Continued on Page 9-B)
Buttermilk Wraps Up A Popular Meal

By Sue Hampton

Flavored tortilla wraps filled with gourmet and ethnic combinations have been popping up in trendy food joints and featured on restaurant menus across America. This handheld food is going main-stream because of its versatility, nutritional value, and ability to roll up a whole meal.

Though wraps are ideal for grabbing on lunch breaks and ordering out, they're fun and easy to make right in your own kitchen. I suggest making homemade tortillas for the freshest and most flavorful meal. Preparing your own tortillas gives you the flexibility of adding fresh chopped cilantro for Mexican wraps or sun-dried tomato flakes with basil for an Italian wrap. The possible combinations are endless.

Most any salad or sandwich can be transformed into a wrap. The following Buttermilk Flour Tortilla recipe can also be turned into a dessert. Simply substitute two teaspoons of sugar and one half teaspoon of ground cinnamon for the chopped herbs, and fill with your favorite fruit filling. Wraps put a tasty twist on traditional turnovers.

Buttermilk Flour Tortillas

1-1/2 cups all-purpose flour
1 Tbsp. fresh herbs, chopped
2 Tbsp. Saco Buttermilk Blend
¼ tsp. salt
2 Tbsp. canola oil
½ cup warm water

Mix dry ingredients in food processor. Add oil while pulsing processor. Add water slowly, pulsing until dough forms a ball. Knead for about 1 minute on lightly floured surface. Wrap in plastic wrap and allow to rest for 2 hours.

Divide dough into 6 pieces. Roll out 8-inch circles. Cook in large skillet 2-4 minutes on medium heat until brown spots appear. Turn over and cook on other side, approximately 1-1/2 minutes longer. Remove with spatula; stack on plate until ready to fill wraps with filling. If not using immediately, wraps can be frozen for up to 2 months.

Fill wraps with desired filling, fold and serve. Note: Wrap dough can be flavored with other spices when mixed; sun-dried tomato flakes or ground spices to taste.

Southwest Buttermilk Dressing

½ cup sour cream
Juice of one lime
2 cloves garlic, minced
1-1/2 tsp. cilantro, chopped
½ cup water
3 Tbsp. Saco Buttermilk Blend
2 tsp. prepared taco seasoning
1 Tbsp. parsley, chopped

Combine all ingredients in a jar. Shake until mixed well.

Wrap Filling

4 boneless, skinless grilled chicken breast halves
Southwest Buttermilk Dressing
1 Pkg. mixed salad greens
½ cup Monterey Jack cheese, shredded
Green onion to taste

Slice chicken in 1/8-inch thick bite-size slices. Toss greens with dressing. Fill each wrap with ¾ cup greens, top with desired amount of chicken and sprinkle with cheese and onions. Fold in corners of tortilla and roll.

Faster than you could say "wrap it up," this food fad has become one of the top food favorites!
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Randy Oldfield - Lake Fork Guide
Buttermilk Wraps Up A Popular Meal

By Sue Hampton

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¼ tsp. salt  
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Green onion to taste

Slice chicken in 1/8-inch thick bite-size slices. Toss greens with dressing. Fill each wrap with 1/2 cup greens, top with desired amount of chicken and sprinkle with cheese and onions. Fold in corners of tortilla and roll.
Game Warden Field Notes (Continued from Page 4-B)

to check their line and were greeted by the wardens. The fishermen were questioned and asked if they were using the catfish as bait, but the men denied baiting their line with the game fish. The wardens explained that they had taken pictures of the catfish and the fishermen then admitted to baiting the trotline. The three men were issued citations for using game fish as bait.

---Bringing Brings Trouble--- A Zapata County game warden received information from a partner, who was fishing on his day off, about some bow fishermen who said they had shot an alligator gar and one black bass. The warden located the boat that was described and after a brief water safety check, he found multiple water safety violations along with one illegally taken black bass. Cases and restitution pending.

---It Wasn’t Me--- Two Taylor County game wardens received a call about a man at Lake Fort Phantom with undersized crappie. They began to patrol the lake and made contact with the man, who said he had caught a few fish but not many. A fish basket was located nearby that contained seven crappie- four of which were undersized. The man claimed he leaves his fish basket at that location and sometimes people generously leave fish in it for him. Citations were issued for undersized crappie.

---File O’Charges--- A Williamson County game warden received an Operation Game Thief call about a group of people cast-netting largemouth bass in the San Gabriel River. The warden found a woman filleting a largemouth bass and three men using casting nets. Charges and civil restitution are pending.

---Sometimes You Shouldn’t Let the Good Times Roll--- A Montgomery County game warden responded to a call from the county sheriff’s office about a vehicle seen swerving into oncoming traffic and off the edge of the road. The warden found the vehicle at a red light before it entered the highway staying on the shoulder of the road. When the car began to swerve, the warden stopped the vehicle and found it occupied by a man, his wife and three children. The driver staggered when he walked, used the car to maintain his balance and smelled strongly of alcohol. While speaking to the warden, the driver leaned heavily on the car and made it roll forward a small distance. The warden checked inside and saw that while the driver had turned the vehicle off, never placed it in park. The man was arrested for driving while intoxicated with child passengers.

---Casting Your Net Upon the Waters not Always Smart--- Two Dallas County game wardens were informed of two men using a cast net and keeping white bass on Rowlett Creek. The wardens located a van in the parking lot and waited in the brush for the men to leave with their catch. In the early hours of the morning, two men wearing head lamps and equipped with a bag, bucket and 12-gauge shotgun approached the van and were intercepted by the wardens. The bag and buckets were filled with white bass, but the men had no fishing rods or reels. They admitted using a cast net to take all the bass without a fishing license. A total of 80 bass were confiscated that night, along with a six-foot cast net. Multiple citations were issued and cases are pending.

---Practice C.P.R.---
June 2014

June 7 ~ 2014 Kid Fish SRA Headquarters
June 12-15 ~ Skeeter Owner’s Tourn. Lake Fork Marina
June 21 ~ Media Teams Minnow Bucket
June 28 ~ JC Outdoors Team Minnow Bucket

July, 2014

July 19 ~ Hook N’ Cook Sandbass Fisherman’s One Stop
July 19 ~ Media Teams Minnow Bucket
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Physical Therapist

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Strollin’ With Stroman
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